

References

1. Katona, P.; Katona-Apte, J. The Interaction between Nutrition and Infection. *Clinical Infectious Diseases* **2008**, *46*, 1582-1588, doi:10.1086/587658.
2. Calder, P.C. Feeding the immune system. *Proceedings of the Nutrition Society* **2013**, *72*, 299-309, doi:10.1017/S0029665113001286.
3. Lomax, A.R.; Calder, P.C. Prebiotics, immune function, infection and inflammation: a review of the evidence. *Br J Nutr* **2009**, *101*, 633-658, doi:10.1017/s0007114508055608.
4. Gibson, G.R.; Probert, H.M.; Loo, J.V.; Rastall, R.A.; Roberfroid, M.B. Dietary modulation of the human colonic microbiota: updating the concept of prebiotics. *Nutr Res Rev* **2004**, *17*, 259-275, doi:10.1079/nrr200479.
5. Childs, C.E.; Calder, P.C.; Miles, E.A. Diet and Immune Function. *Nutrients* **2019**, *11*, doi:10.3390/nu11081933.
6. Calder, P.C. The Importance of Nutrition to Healthy Immune Function. Wellmune: 2013.